

First, a 3-dimensional stranded structure is assembled, with amino acids **glycine** and **proline** as principal components. This is not yet collagen but its **precursor**, procollagen. **Step 2: procollagen** is modified by addition of **hydroxyl** groups to amino acids **proline** and **lysine**. **This step** is important for later **glycosylation** and the formation of the triple helix structure of collagen. The **hydroxylase** enzymes that perform these reactions **require Vitamin C as a cofactor**, and a deficiency in this vitamin results in impaired collagen synthesis and the resulting disease **scurvy**^[17] These **hydroxylation** reactions are catalyzed by two different enzymes: prolyl-4-**hydroxylase**^[18] and lysyl-**hydroxylase**. **Vitamin C** also serves with them in inducing these reactions. In this service, one molecule of **vitamin C is destroyed** for each **H** replaced by **OH**.^[19] The synthesis of collagen occurs inside and outside of the cell. The formation of collagen which results in fibrillary collagen (most common form) is discussed here. **β-sheet** is the other form of collagen. All types of collagens are triple helices, and the differences lie in the make-up of the **α** peptides created in **step 2**.

1. **Transcription of mRNA:** About 34 genes are associated with collagen formation, each coding for a specific mRNA sequence, and typically have the "COL" prefix. The beginning of collagen synthesis begins with turning on genes which are associated with the formation of a particular **α** peptide (typically **α** 1, 2 or 3).
2. **Pre-pro-peptide formation:** Once the final mRNA exits from the cell nucleus and enters into the cytoplasm, it links with the **ribosomal** subunits and the process of translation occurs. The early/first part of the new peptide is known as the **signal sequence**. The signal sequence on the **N-terminal** of the peptide is recognized by a **signal recognition particle** on the endoplasmic **reticulum**, which will be responsible for directing the pre-pro-peptide **into** the endoplasmic **reticulum**. Therefore, once the synthesis of new peptide is finished, it goes directly **into** the endoplasmic reticulum for post-translational processing. It is now known as **pre-pro-collagen**.
3. **Pre-pro-peptide to pro-collagen:** Three modifications of the pre-pro-peptide occur leading to the formation of the **alpha peptide**:
 1. The signal peptide on the N-terminal is dissolved, and the molecule is now known as **propeptide** (not procollagen).
 2. **Hydroxylation** of lysines and prolines on **propeptide** by the enzymes 'prolyl-4-**hydroxylase**' and 'lysyl **hydroxylase**' (**to produce hydroxyproline and hydroxylysine**) occurs to aid **cross-linking of the alpha peptides**. This enzymatic step requires **vitamin C** as a cofactor. In **scurvy**, the lack of **hydroxylation** of prolines and lysines causes a **looser** triple helix (which is formed by three alpha peptides).
 3. Glycosylation occurs by **adding** either **glucose or galactose** monomers onto the **hydroxyl** groups that were placed **onto lysines, but not on prolines**.
 4. Once these modifications have taken place, three of the **hydroxylated** and glycosylated propeptides **twist** into a triple helix forming **procollagen**. **Procollagen** still has unwound ends, which will be later trimmed. At this point, the **procollagen** is packaged into a transfer vesicle destined for the Golgi apparatus.
4. **Golgi apparatus modification:** In the Golgi apparatus, the **procollagen** goes through **one last** post-translational modification before being secreted out of the cell. In this step, oligosaccharides (not monosaccharides as in step 3) are added, and then the **procollagen is packaged** into a secretory vesicle destined for the extracellular space.
5. **Formation of tropocollagen:** Once outside the cell, membrane bound enzymes known as 'collagen peptidases', remove the "loose ends" of the procollagen molecule. What is left is known as **tropocollagen**. Defects in this step produce one of the many collagenopathies known as **Ehlers-Danlos syndrome**. This step is absent when synthesizing type III, a type of fibrillar collagen.
6. **Formation of the collagen fibril:** 'Lysyl oxidase', an extracellular enzyme, produces the **final step** in the collagen synthesis pathway. This enzyme acts on lysines and **hydroxylysines** producing **aldehyde** groups, which will eventually undergo covalent bonding between tropocollagen molecules. This polymer of tropocollagen is known as a **collagen fibril**. **yaHoo!** edits by john@earthPa.us